



1.6. The Difference Between Mysticism and Mystery

Definitions of chatGPT

Mysticism is the belief or pursuit of a direct, personal experience of the Divine or ultimate reality, often through inner contemplation or spiritual practices.

Mystery refers to something that is difficult or impossible to understand or explain, often associated with hidden truths or inexplicable phenomena.

The two related terms are often understood synonymously, but there is a great difference between them.

For someone who is mystically inexperienced, mysticism remains completely mysterious. However, someone who has found direct access to the spirit will have many things become experienceable and revealed through enlightenment.

The reality and truth of the spirit becomes tangible and real for him.

Mysticism is a concrete path and practice through which one has new experiences and undergoes profound inner transformation.

On the other hand, God remains always mysterious and not fully comprehensible for human consciousness.

We are moving on a path to personally experience and comprehend the mysterious reality of this universe more and more. This happens through an expansion of consciousness, which opens new forms of perception.

You will experience a new, three-dimensional feeling that you have never felt before.

[Sun Myung Moon](#)

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