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## **1.10. The Two Areas of Truth and Spirit in Christianity**

### **Church - Truth and Faith**

Similar to the distinction between scriptural religions and mystical religions, we also find these two areas in every religion.

An example of this is Christianity. In the church, with its clerics and laity, truth and ethics are taught.

The believers believe in this truth and practice it. What they understand and acknowledge, they try to realize in life. Reason, emotion, and will – the essential instruments of the psyche or mind – play a central role in this.

### **Monastery - Holy Spirit**

The monasteries with their nuns and monks represent the mystical sphere.

Prayer and contemplation are the central elements of the practice. The aim is to become a temple of God oneself.

Here, the spirit of God and living in the Holy Spirit are at the forefront.

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