



1.11. The Different Approaches to Truth and Spirit

We could also refer to the truth-oriented and the mystical approach as the realms of **Truth** and **Spirit**.

In the following, I would like to contrast the two realms and highlight their different approaches.

Truth and Faith

In the realm of truth, the focus is initially on recognizing and penetrating the truth.

The believer goes through a process in which they internalize the Divine Principle more and more deeply through insight. From this understanding arises the practice of neighborly love.

Change in society happens through teaching the truth and living it by example.

People are meant to understand the truth, accept it, and embody it in their lives.

This approach relies on the transforming power of truth.

Spirit and Mysticism

In the realm of the spirit, the focus is initially on becoming a loving person in whom the Holy Spirit dwells.

The royal path is prayer in the spirit — constant contemplation. The goal is to become unceasing prayer.

From the love of God in one's own heart arises the practice of neighborly love.

Change in society happens through teaching the mystical path, which inspires others to walk the same path.

Mysticism trusts in the power of prayer.

The faith of the orthodox hermit monks holds that through a single person who carries the Holy Spirit within, thousands of souls may be saved.

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