



4.1. Becoming God's object partner

What inner process must we go through to attain inner unity with God?

Sun Myung Moon describes in his mystical teaching a state he calls the zero-point standard.

This is the state of our mind in which we can become perfect object partners of God – a state of complete purity and openness, in which God can dwell within us.

In the following, we will analyze one of Sun Myung Moon's most significant speeches on the topic in order to better understand the zero-point state and grasp its deeper meaning.

Although we may be in a position to worship God who is the center of our faith, our position is unclear. Then where should we start looking for that position?

Although our subject partner is established, we cannot feel it. We cannot conclusively distinguish such a spiritual thing as clearly as we perceive things with our five physical senses. When we consider from where we should begin approaching this problem, we understand that we cannot start by looking into the subject partner. We could not possibly start by looking into God Himself. We should, to that end, begin looking into ourselves first.

[Sun Myung Moon](#)

This quote provides us with a crucial clue for the mystical path to becoming one with God.

The path does not begin externally, but within ourselves.

It does not bypass our inner being, but calls us to dive into the depths of our own self.

The mystical path is an inner process in which we seek God within our own heart and mind.

This inward journey is the first step toward discovering and deepening our connection with the Divine.

Each individual has a mind and body. Although we have both mind and body we cannot, however, begin to seek within ourselves for this position centering on our body.

[Sun Myung Moon](#)

The term "mind" in this context does not refer to the conventional human psyche, but to the spirit-mind, the inner aspect of the spiritual self.

Therefore, the true search for God is not solely in the psychological processes of the body, but in the spirit-mind, which represents a higher aspect of our self.

The search for God thus means the search for this deeper, spiritual aspect of our being - the spirit-mind.

This serves as our bridge to the world of the spirit and to God.

It is about detaching from the superficial aspects of the psyche and finding access to the spiritual mind, which is understood as the true gateway to God and inner unity with Him.

When we observe fallen people today, whether a thousand or even ten thousand, do we see that their minds are the same? Although the root may be the same, the minds differ depending on the nature of their environments. Not all are the same. Why? Our faces are different, our habits are different, and the emotions we feel are different.

[Sun Myung Moon](#)

In this quote, the "mind" refers to the ordinary mind, meaning the human psyche.

It is pointed out here that although all humans have the same basic nature, their individual experiences and environments lead to different expressions of their minds.

Our experiences, especially in the family and social environment, shape our thinking, feeling, and habits, which is why our minds differ from each other. These differences are expressions of our unique personal development and the way we, as individuals, respond to our environment.

In the same way, our horizontal line and the perpendicular line with which we can form an angle is different. We must have the angle set correctly.

When you look at a horizontal line, it looks like a plane but when it stands perpendicular, the standard for that perpendicular line will be different. How do you adjust to the zero point?

[Sun Myung Moon](#)

Aspects of this metaphor:

- In this metaphor, the horizontal line is understood as the varying human mind, the psyche, which is shaped by different life experiences.
- The vertical line, on the other hand, represents the spirit-mind, which, according to the Divine Principle, is inseparably connected with God.
- The angle formed by these lines must be correctly set to come into harmony with God.

An angle of 90 degrees symbolizes the state of mind in which we can connect with God - the zero-point standard.

The "zero-point standard" describes the state in which the human mind is optimally aligned to directly connect with God.

This state is the prerequisite for experiencing full unity with God.

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