



4.7. The Mind's Gate

Afterwards, Sun Myung Moon talks about the gate of the mind.

The term "mind," as used in this section, refers to the spirit-mind.

There is a gate in your mind and it is called the mind's gate. It does not open in just one direction. Since your mind rotates, the gate moves as well. Without going through such a gate, you as a minus cannot establish a relationship with the plus. Everyone has that kind of mind's gate. When you pray, you get a different feeling depending on the time of your prayer...

When the gate of God and the gate of your mind become perfectly one and revolve around a certain standard, you will find the path to fully experience what God is feeling...

What should you do to reach this state? You need to cultivate your mind.

Therefore, in your life of faith, always be alert to those times when the gate of your mind opens and how to tune it to the gate of God's mind. Then try to adjust it to the place where the gate of heaven is located. This is the most precious thing to do in your life of faith...

You will experience a new, three-dimensional feeling that you have never felt before. Somehow, you will come to experience this unknown feeling.

[Sun Myung Moon](#)

Summary of the gate of the mind

Once you reach the zero-point state, you will discover the gate of the spirit-mind.

The gate of the spirit-mind turns and is more or less open to God at certain times.

By aligning the gate of your spirit-mind towards God, you will feel what God feels.

I have experienced phases in which I felt a deep inner desire at different times of the day to turn to God in prayer. I assume this is related to the activity of the spirit-mind. In these moments, one could sense when it was possible to approach God inwardly.

Source URL: <https://baum-des-lebens.org/the-inner-path/gateway-spiritual-mind>