2.8.3 How the Relationship with God Works

When we embark on the path to God through the search for truth and a specific image of God, we often form an idea of Him. Our relationship with God then takes shape according to this image.

However, on the mystical path, we seek a direct experience with God through prayer - and there were several surprises for me along the way.

At the beginning of our prayer life, we turn to God, much like speaking with another person. We have a counterpart to whom we express ourselves and expect a response.

But have you ever thought about how it is possible to be one with God while also relating to another person?

We cannot pray to God and speak with someone at the same time – that would divide our attention. That would be unbearable.

However, the relationship with God is completely different from that with a person.

God does not manifest as a conversational partner in the conventional sense, but as a new feeling in our hearts.

One might call it resonance - a deep inner vibration in which we feel God within us. We do not communicate with God through thoughts or words, but experience Him directly through this inner feeling.

In this way, we are able to give a person our full attention without losing the closeness and connection to God for even a second.

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