



4.3. The Connection to God through His Incarnation

Why does the connection to the incarnation of God help us find God more quickly?

Christian views

In Christian terms, the soul can more easily bind itself to God because it recognizes in Christ a living and tangible image of God. Through His incarnation, God becomes visible, touchable, and experiential for humanity.

In Jesus, God's love has become concrete.

Mystics like John of the Cross or Meister Eckhart teach that Christ acts as a "bridge" or "way" that overcomes the infinite gap between God and humanity.

Aspect of the bloodline in the divine principle

In Unification theology, the aspect of the bloodline is also taught, according to which a person can free themselves from the sinful line, which originates from the Fall, through a sacrament on the one hand and a restoration process on the other. This corresponds to the process expressed in the biblical metaphor of grafting. Complete salvation and liberation from the sinful nature occurs through a spiritual rebirth by sinless spiritual parents.

The grace of inheriting the reparation

I have already explained the point that Jesus made reparation for humanity - including non-Christians.

In addition, the True Parents have taken upon themselves extraordinary indemnity. Here are just a few examples: Sun Myung Moon's imprisonment for several years in a communist death camp, torture, slander, five further unjust prison sentences, and countless spiritual battles he and his wife Hak Ja Han endured.

The aspect of bonding

Another important aspect is bonding. Psychologically, there is a bond between parents and children that provides emotional security and closeness. The deeper and more secure this bond, the more trust and emotional connectedness can develop.

Bonding requires openness and engagement. It becomes especially evident in moments of closeness but also in times of separation. Separation from an important attachment figure can trigger grief, while the absence of a bond can make a separation emotionally insignificant.

The goal of religion - the reconnection to God - can also be understood as the restoration of the emotional bond between God and human beings.

For people, it is difficult to restore a bond to an invisible God. Through a mediator who has already perfected this bond, we can reconnect to God more easily.

In the same way, children should experience God's love naturally through loving parents in order to later develop a relationship with God themselves. The heartfelt experience and bond with the parents allow the children to naturally inherit the parents' bond with God.

Transition

These were some brief reflections on the value of God's incarnation for our inner journey toward Him.

Doctrinal beliefs can offer us guidance, but we also need a spiritual practice that enables us to truly engage in the inner process.

Rituals or sacraments, as practiced in various religions, can have a profound spiritual effect - but this often occurs only on a largely unconscious spiritual level.

But that alone does not necessarily lead to a profound transformation of our entire being and life. True transformation must take place in all dimensions of our being. No one can take this path for us - we must walk it ourselves, consciously and step by step, as an inner process.

In the following, I would like to share some of my experiences in prayer.

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